CAMHS Transformation in Devon, Torbay and Plymouth
What are the messages from children and young people?

Children and young people told us that mental health is at the top of their concerns about health.

Local Healthwatch 2015

Locally there has been a vast amount of engagement to hear the voice of children and young people and those who work with them in schools, youth centres and health and social care.
What are the needs and considerations locally?

- 0-19 population of more than 200,000
- Mixed rural and urban area
- Span 2 CCGs and 3 local authority boundaries
- Range of understanding e.g. EHWB strategy, needs assessments
What are the realities for children and young people?

- 3709 referrals to CAMHS in last year
- Self harm needs assessment shows we are an outlier
- Approximately 115 young people with Eating Disorders
- New services impact – Assertive Outreach reduced admissions from 27 in August 14 to 17 in August 15
What are our successes to build on?

- CAMHS is already an important local agenda
- Strong advances already to build on
- Shared ambition for real transformation
- Nationally recognised models and good practice
- Commitment from local partners for a whole system approach

Important advances

- Place of Safety
- Crisis Response service
- Access to CAMHS
- Co-support with schools
- Eating disorder service
What else do we need to achieve?

• Make sure future models are evidence based and designed around children and families
• Work as a whole system in interests of children and young people
• See the wider workforce as a focal point for transformation
• Be clear on outcomes and use interventions that are effective and evidence based
• Ensure we use routine outcomes monitoring at an individual level
• Achieve an effective ‘two way’ reach to improve transitions to adult services
How did we reach our priorities?

- Emotional Health and Wellbeing Strategy (draft)
- Self assessment
- Future in mind priorities
- Needs assessments
- Views of young people
- Sharing best practice
- Whole system conversation
**What do we consider our main priorities?**

**Early intervention**
- Working with partners and peers
- Early intervention with support at Tier 1 and 2
- Working with adult providers for all age pathways

**Crisis response**
- Implement requirement of MH Crisis Concordaat
- Timely front door response in acute crisis 24/7
- Assertive outreach over extended hours

**Children in care**
- Remodelling CiC pathway
- Enhanced, evidence based therapeutic interventions
- Multiagency support for children on the edge of care

**Specific services**
- Embed self harm evidence pathway
- Extending Eating disorders model across Devon and Plymouth in line with evidence base
What are our governance plans?

- Establish a Single System wide Governance Group to oversee the development and implementation of the CAMHS Transformation plan
- Responsible for wider networking and engagement with stakeholders involved with CAMHS
- Sub group of Children Alliance in Devon; and CAMHS redesign board in Torbay; and CYP System Design Group in Plymouth
- Continue to learn from and build on engagement of children and young people at the centre of transformation
What should children and young people be able to expect?

• Access in a timely way
• Choice over how receive support
• Control over services received
• Integrated support
• Services in line with best practice
• Involved in planning
• Opportunity to influence
• Delivery of *Future in mind*
### Extract from Finance Templates

<table>
<thead>
<tr>
<th>Description</th>
<th>NEW Devon CCG</th>
<th>South Devon and Torbay CCG</th>
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</thead>
<tbody>
<tr>
<td>Total weighted populations with SMR&lt;75 adjustment and uplifted by ONS population growth to 2015</td>
<td>919,443</td>
<td>301,074</td>
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<tr>
<td>Shares of weighted populations</td>
<td>1.61%</td>
<td>0.53%</td>
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<tr>
<td>Initial allocation of funding for eating disorders and planning in 2015/16</td>
<td>£481,669</td>
<td>£157,724</td>
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<tr>
<td>Additional funding available for 2015/16 when Transformation Plan is assured</td>
<td>£1,205,666</td>
<td>£394,798</td>
</tr>
<tr>
<td>Minimum recurrent uplift for 2016/17 and beyond if plans are assured</td>
<td>£1,687,335</td>
<td>£552,522</td>
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