

**PLYMOUTH CITY COUNCIL**

**Subject:** Mental Health Needs Assessment  
**Committee:** Health and Wellbeing Board  
**Date:** 24 June 2021  
**Cabinet Member:** Councillor Nicholson  
**CMT Member:** Ruth Harrell DPH  
**Author:** Sarah Lees, Public Health Consultant  
Kamal Patel, Public Health Registrar  
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**Ref:** MHNA  
**Key Decision:**  
**Part:** I

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**Purpose of the report:**

The purpose of the report is to outline what is known nationally and locally about the impact of the COVID-19 pandemic on mental health and wellbeing needs in adults; and to make recommendations to the local system to mitigate the impact of the pandemic on mental health and improve the mental health of our population.

The report highlights the significant current and potential impact of the pandemic on mental health and brings to the attention of the Health and Wellbeing Board the Prevention Concordat for Better Mental Health. The Prevention Concordat aims to encourage and enable cross-sector action to promote public mental health approaches.

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**Corporate Plan**

The mental health needs assessment will support the 'A Caring Council' priority of the Corporate Plan in the following ways:

- Focus on prevention and early intervention
  - Reduced health inequalities
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**Implications for Medium Term Financial Plan and Resource Implications:  
Including finance, human, IT and land**

There are no additional financial implications.

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**Other Implications: e.g. Child Poverty, Community Safety, Health and Safety and Risk Management:**

None

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**Equality and Diversity**

Has an Equality Impact Assessment been undertaken? No.

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**Recommendations and Reasons for recommended action:**

## Recommendations:

1. The Health and Wellbeing Board endorse this mental health needs assessment.
2. The Health and Wellbeing Board and its constituent members sign the Prevention Concordat consensus statement to set a clear direction to the local health and social care system that all should work towards a tangible increase in the promotion of mental health and wellbeing and the prevention of mental ill health.
3. The Health and Wellbeing Board confirm their support for the Public Health team to continue to provide system leadership for the promotion of mental health and wellbeing and the prevention of mental illness.
4. The Health and Wellbeing Board confirm that the existing multi-agency groups and networks should be the basis for taking forward the Prevention Concordat.
5. The Health and Wellbeing Board ask that Public Health oversee the development of a local strategy and action plan for increasing work to promote mental health and wellbeing and prevent mental illness across the system, building on the good work already in place.
6. The Health and Wellbeing Board receive an update on progress in 12 months' time.

## Reason:

1. The significant current and potential impact of the COVID-19 pandemic on mental health, which is set out in the mental health needs assessment.

**Alternative options considered and rejected:**

The report is not endorsed and recommendations not adopted.

**Published work / information:****Background papers:**

Title	Part I	Part II	Exemption Paragraph Number							
			1	2	3	4	5	6	7	
COVID-19 Adult mental health needs assessment for Plymouth 2021	X									
COVID-19 Adult mental health needs assessment for Plymouth 2021 – summary	X									
COVID-19 Adult mental health needs assessment for Plymouth 2021 – presentation	X									

**Sign off:**

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Originating SMT Member													
Has the Cabinet Member(s) agreed the contents of the report? Yes													