

Health and Adult Social Care Overview and Scrutiny Committee



Date of meeting:	16 November 2022
Title of Report:	Compassionate Approach to Children and Young People Health & Weight: Strategic Action Plan
Lead Member:	Councillor Dr John Mahony (Cabinet Member for Health and Adult Social Care & Planning)
Lead Strategic Director:	Ruth Harrell (Director of Public Health)
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Your Reference:	Click here to enter text.
Key Decision:	No
Confidentiality:	Part I - Official

Purpose of Report

The report provides background and context to a new plan to address health and weight amongst our children and young people in the city. Weight is a highly complex issue with research identifying 108 factors that can have an influence. Current data reflects a continuing increase in overweight or obesity for our children and young people (and whole population) with forecast modelling predicting this to continue until at least 2040 without any significant change to what we do. Giving our children and young people the best start to life includes the need to maximise opportunities for health benefits / gains including through tackling inequalities. The plan that we have developed aims to transform our approach through taking a whole system approach and committing to the long-term delivery of it. In order to do this it is key that all stakeholders can provide support and challenge to this shared endeavour and this report provides Scrutiny with the opportunity to do this.

Recommendations and Reasons

1. To note the contents of the report
2. To seek Scrutiny Committee's support in this work
3. To receive a further report in one years' time

Alternative options considered and rejected

None

Relevance to the Corporate Plan and/or the Plymouth Plan

Reduced health inequalities is a key priority within both the Corporate Plan and the Plymouth Plan. Delivering the best outcomes for children, young people and families within both the Corporate Plan and the Plymouth Plan

Sign off:

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Originating Senior Leadership Team member: Ruth Harrell											
Please confirm the Strategic Director(s) has agreed the report? Yes Date agreed: 01/11/2022											
Cabinet Member approval: Cllr John Mahony <i>approved by email</i> Date approved: 01/11/2022											