

Health and Adult Social Care Overview and Scrutiny Committee



Date of meeting:	16 November 2022
Title of Report:	Active to Thrive
Lead Member:	Councillor Dr John Mahony (Cabinet Member for Health and Adult Social Care & Planning)
Lead Strategic Director:	Ruth Harrell (Director of Public Health)
Author:	Claire Beney, Active Devon
Contact Email:	Ruth.harrell@plymouth.gov.uk
Your Reference:	Click here to enter text.
Key Decision:	No
Confidentiality:	Part I - Official

Purpose of Report

Active to Thrive is Plymouth's collaborative Physical Activity, Sport and Leisure plan. This sets out the long-term vision for 'Plymouth to be the most physically active coastal city in England by 2034', and has an associated set of themes and actions to make that happen. This report considers progress against each theme against the short term outcomes that were set. This work is being taken forward by a wide range of providers and enablers of physical activity across Plymouth.

The report also updates on the Plymouth Pathfinder, a project funded by Sport England to explore ways in which physical activity can contribute to improving outcomes for young people who may have experienced childhood trauma and/or may have special educational needs.

Recommendations and Reasons

1. To note the contents of the report

Alternative options considered and rejected

None

Relevance to the Corporate Plan and/or the Plymouth Plan

Reduced health inequalities is a key priority within both the Corporate Plan and the Plymouth Plan. Physical activity is a driver of better health and wellbeing, but contributes to health inequalities between some groups of the population; Active to Thrive seeks to widen involvement and participation and therefore reduce inequalities.

Implications for the Medium Term Financial Plan and Resource Implications:

None

Financial Risks

None

Carbon Footprint (Environmental) Implications:

None

Other Implications: e.g. Health and Safety, Risk Management, Child Poverty:

* When considering these proposals members have a responsibility to ensure they give due regard to the Council's duty to promote equality of opportunity, eliminate unlawful discrimination and promote good relations between people who share protected characteristics under the Equalities Act and those who do not.

None

Appendices

*Add rows as required to box below

Ref.	Title of Appendix	Exemption Paragraph Number (if applicable) <i>If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 12A of the Local Government Act 1972 by ticking the relevant box.</i>						
		1	2	3	4	5	6	7
A	Active to Thrive Update Report							
B	Equalities Impact Assessment (if applicable)							

Background papers:

*Add rows as required to box below

Please list all unpublished, background papers relevant to the decision in the table below. Background papers are unpublished works, relied on to a material extent in preparing the report, which disclose facts or matters on which the report or an important part of the work is based.

Title of any background paper(s)	Exemption Paragraph Number (if applicable) <i>If some/all of the information is confidential, you must indicate why it is not for publication by virtue of Part 1 of Schedule 12A of the Local Government Act 1972 by ticking the relevant box.</i>						
	1	2	3	4	5	6	7

Sign off:

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Originating Senior Leadership Team member: Ruth Harrell

Please confirm the Strategic Director(s) has agreed the report? Yes

Date agreed: 20/10/2022

Cabinet Member approval: Cllr John Mahony *approved by email*

Date approved: 31/10/2022